

Dear Friends,

I hope this letter finds you and your loved ones doing well during these times. It was so nice "getting together" with so many of you immediately before and after Shabbos this past week! We are continuing to stream nightly classes and morning children's programming and hope you can make those as well!

A few updates and reminders are in order:

Assistance: If you are experiencing financial difficulties, please contact me directly.

These are trying times and that can have a significant impact on one's emotional well-being. Baltimore is blessed with an excellent mental health referral agency, Relief, whose stated goal is to connect individuals to appropriate mental health professionals. The phone number for the Baltimore office is 410-448-8356. Please do not hesitate to contact me as well if I can be of any assistance.

We have set up a wonderful team of volunteers who are available to help make trips to the grocery store or pharmacy for those who are at home. If you would like to become a member of this chesed team or could use their assistance, please call Ken Besser at 901-216-4770.

Chameitz sale: There will be no in-person sales. Please click on this link: CHAMEITZ FORM and mail or email it to the shul office, [nertamid613@comcast.net](mailto:nertamid613@comcast.net), no later than April 3rd.

Pesach questions: Please feel free to call/ text (9178558607)/ email ([rabbi@nertamid.net](mailto:rabbi@nertamid.net)) me with your Pesach questions. I will try to get back to you as soon as I can. For a summary of the laws of Pesach click here. Two other resources that are very helpful are the Orthodox Union's Pesach site - link and the Star-K's Pesach site - link.

Class Updates: The daily 8 PM Zoom session will now be focusing on laws of Pesach. My goal is to make Pesach cleaning as simple as possible for all of us. <https://zoom.us/j/948872267/> call number 16465588656 with pin (Meeting ID) 948 872 267/ One tap mobile +16465588656,,948872267#.

Thursday evening at 9 PM, in place of the regular Navi class, there will be a two-part class on the Haggadah. I will be explaining the different sections of the Haggadah and providing tips to make your Seder more engaging. <https://zoom.us/j/775211037/> call 16465588656 with pin (Meeting ID) 775 211 037/ One tap mobile +16465588656,,775211037#. The classes will be recorded.

Morah Rachel Shar is leading a youth davening every morning at 9AM. Join Zoom <https://zoom.us/j/964084753> with pin (Meeting ID: 964 084 753) or call +16465588656,,964084753#.

More Pesach Info: The fast of the firstborn, burning chameitz, and being tovel new utensils are all being done differently this year. We will be sending information out shortly on all these topics.

Our Sages teach us that in the month of Nissan we were redeemed from Egypt and in the month of Nissan we will be redeemed again. May the month of Nissan bring with it much salvation to all of us.

Stay well and see you soon,

Yisrael Motzen

Rabbi, Ner Tamid Greenspring Valley Synagogue

<http://nertamid.net/>